

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 08/14/2017																
LUNCH K-12	Total	10														
HAMBURGER ON A BUN	SERVING	5	411	76	521	0.76	3.26	60.5	45	0.55	3	26.38	21.05	23.92	9.47	0.01
HOT DOG, BEEF ON BUN	frank	5	160	35	590	*N/A*	0.36	0.0	*N/A*	*N/A*	*N/A*	6.0	1.0	15.0	7.00	*N/A*
FRIES, STEAK .25 CUP (5 FRIES)	.25 CUP	10	67	0	240	1.33	0.24	0.0	0	4.0	1	1.33	12.01	2.0	0.00	0.00
LETTUCE & TOMATO:1 leaf,2 slice	1 lf,2 slc	1	5	0	1	0.36	0.10	3.5	466	3.49	1	0.25	1.06	0.06	0.01	0.00
SALAD BAR STANDARD	1 CUP	1	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			474	*58	909	*3.77	*2.50	*198.4	*797	*23.44	*7	*22.53	47.28	21.97	8.32	*0.01
% of Calories											*5.8%	*19.0%	39.9%	41.7%	15.8%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Tue - 08/15/2017																
LUNCH K-12	Total	10														
GREEN CHILE CHICK ENCH,M-2,1GN	SERVING	5	339	66	951	2.66	0.80	*213.7	805	14.11	*0	18.93	24.38	18.09	7.04	*0.00
RED CHILI CHEESE ENCHILADAS	2 ENCHIL ADAS	5	305	36	763	2.47	1.23	285.6	4227	21.61	*1	11.64	25.89	17.54	8.12	*0.33
SPANISH RICE-BrownRice,1/4 cup	.25 CUP	10	126	0	119	1.68	0.93	*22.9	329	11.8	*1	2.76	23.76	1.91	0.30	*0.00
REFRIED BEANS, .25 CUP	.25 CUP	10	65	0	180	3.00	0.90	20.0	0	0.0	*N/A*	3.0	12.0	1.0	0.25	0.00
SALAD BAR STANDARD	1 CUP	1	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			635	*53	1270	*9.27	*3.28	*460.4	*3573	*48.48	*6	*26.03	85.04	21.23	8.23	*0.17
% of Calories											*3.7%	*16.4%	53.6%	30.1%	11.7%	*0.2%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

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NMSVH

Aug 14, 2017 thru Aug 31, 2017

Base Menu Spreadsheet

LUNCH K-12

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 08/16/2017																
LUNCH K-12	Total	10														
CHICKEN PENNE PASTA	2/3 Cup	5	293	44	419	*2.96	*2.25	*407.3	*1288	*35.84	*1	22.53	21.19	11.77	6.15	*0.00
CHICKEN MANICOTTI	2 EA	5	382	*105	972	1.61	1.93	228.4	1068	13.9	*N/A*	22.37	36.65	16.58	7.90	*N/A*
BROCCOLI,raw: fresh .25 CUP	.25 CUP	10	9	0	7	0.69	0.10	6.1	165	11.32	0	0.69	1.38	0.0	0.00	0.00
SALAD BAR STANDARD	1 CUP	1	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
BREADSTICKS, CHEESY GARL IC-1 S	1 STICK	10	80	5	180	0.50	0.72	50.0	50	0.0	*N/A*	2.5	10.0	3.0	1.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEVIT A/D	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			548	*82	996	*5.50	*3.36	*541.7	*2121	*55.01	*5	*30.62	64.44	17.68	8.11	*0.00
% of Calories											*3.9%	*22.4%	47.1%	29.1%	13.3%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 08/17/2017																
LUNCH K-12	Total	10														
MEAT LOAF	3/4" SLICE	5	195	67	122	1.29	2.23	47.0	154	2.9	*N/A*	17.04	8.0	10.29	4.22	*N/A*
ROAST PORK-2OZ	2 Oz.	5	201	63	50	0.06	0.87	20.1	12	0.67	*0	19.7	0.09	12.97	4.41	*0.00
MASHED POTATOES,IDAHO, .25 CUP	.25 cup	10	32	0	126	0.40	0.15	9.0	42	1.44	*N/A*	0.8	6.81	0.4	0.00	*0.00
GRAVY MIX, COUNTRY,.125 CUP	.125 CUP	10	21	0	138	0.00	0.17	0.5	0	0.0	*N/A*	0.0	2.83	0.94	0.47	*0.00
SALAD BAR STANDARD	1 CUP	1	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
ROLL, HONEY WHEAT, 2 OZ./5 7g/S	ROLL	1	139	0	239	2.98	1.43	19.9	0	0.0	*N/A*	4.97	26.86	1.99	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEVIT A/D	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			387	*67	486	*3.40	*2.46	*212.9	*853	*22.04	*5	*24.65	40.52	13.68	4.88	*0.00
% of Calories											*4.8%	*25.5%	41.9%	31.8%	11.3%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

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NMSVH

Aug 14, 2017 thru Aug 31, 2017

Base Menu Spreadsheet

LUNCH K-12

Portion Values - Detailed

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Fri - 08/18/2017																
LUNCH K-12	Total	10														
Chimichanga, BeefChiliCheese,	1 EACH	5	461	55	747	2.52	3.06	310.1	1695	8.35	*1	19.34	42.26	23.58	10.51	0.00
CHEESE SAUCE	SERV/ 2 O	5	50	5	323	0.00	0.00	61.3	101	*0.0	*N/A*	2.01	5.03	2.55	1.51	*0.00
PINTO BEANS, 1/3 cup	.33	10	89	0	10	3.99	1.33	33.6	0	1.62	*1	5.51	16.1	0.32	0.06	*0.00
SALAD BAR STANDARD	1 CUP	1	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEVIT	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
A/D																
Weighted Daily Average			466	*33	658	*7.27	*3.30	*387.1	*1625	*24.61	*6	*21.17	63.88	13.89	6.16	*0.00
% of Calories											*4.8%	*18.2%	54.8%	26.8%	11.9%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Mon - 08/21/2017																
LUNCH K-12	Total	10														
PIZZA, VARIETY	1 SLICE	5	454	42	1145	2.94	*0.99	*19.2	*487	*25.29	*0	23.18	60.39	13.37	6.37	0.00
CARROTS, STEAMED 1/3 CUP	.33 CUP	5	77	0	121	*4.23	0.46	50.1	25342	*8.92	*7	1.41	14.52	2.0	0.37	0.35
SALAD BAR STANDARD	1 CUP	10	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEVIT	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
A/D																
Weighted Daily Average			502	*24	934	*10.00	*2.58	*244.9	*16858	*52.85	*10	*21.65	79.56	11.54	3.96	*0.17
% of Calories											*7.8%	*17.3%	63.5%	20.7%	7.1%	*0.3%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Tue - 08/22/2017																
LUNCH K-12	Total	10														
SALMON, GRILLED	Portion	5	120	65	280	0.00	0.72	20.0	100	0.0	0	21.0	1.0	3.5	0.50	0.00
MACARONI AND CHEESE	2/3 CUP	5	296	31	896	0.89	1.02	482.0	684	0.39	*N/A*	19.64	27.44	12.18	6.83	*N/A*
ASPARAGUS SPEARS, ROASTED	4 spears	5	83	0	16	1.68	1.74	29.0	573	4.4	*1	2.32	4.11	6.91	1.00	*0.00
SALAD BAR STANDARD	1 CUP	10	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
ROLL, HONEY WHEAT, 2 OZ./5 7g/S	ROLL	10	139	0	239	2.98	1.43	19.9	0	0.0	*N/A*	4.97	26.86	1.99	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEVIT A/D	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			625	*51	1136	*10.68	*5.02	*495.6	*4622	*38.14	*7	*35.80	85.23	17.13	4.75	*0.00
% of Calories											*4.4%	*22.9%	54.6%	24.7%	6.8%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 08/23/2017																
LUNCH K-12	Total	10														
TACO, BEEF, BLACK BEAN, & CORN	SERVING	5	633	64	1302	9.75	7.48	*301.4	797	11.83	*4	32.21	*73.13	23.75	8.70	*0.05
CHICKEN TACO	2 EACH	5	264	47	252	2.99	1.77	195.0	623	8.2	*N/A*	19.09	20.35	12.21	3.51	*N/A*
PINTO BEANS, 1/3 cup	.33	10	89	0	10	3.99	1.33	33.6	0	1.62	*1	5.51	16.1	0.32	0.06	*0.00
SALAD BAR STANDARD	1 CUP	10	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEVIT A/D	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			774	*59	1088	*16.77	*7.81	*492.0	*4653	*47.38	*9	*40.51	*104.94	22.15	6.75	*0.02
% of Calories											*4.6%	*20.9%	*54.2%	25.7%	7.8%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Thu - 08/24/2017																
LUNCH K-12	Total	10														
CHICKEN PARMESAN	SERVING	5	540	*61	*1352	*7.44	*8.53	*212.7	*484	*20.74	*11	*32.65	48.89	*25.67	*7.73	*0.00
CHICKEN, BAKED	SERVINGS	5	17	4	2	0.00	0.01	0.2	7	0.0	0	0.36	0.03	1.67	0.46	0.01
PASTA WITH FRESH TOMATO SAUCE	SERVING	10	454	7	291	5.76	3.21	129.6	1172	18.36	*0	14.04	44.32	14.63	2.85	*0.00
SQUASH,SUMMER 1/3 CuP	1/3 Cup	10	12	0	1	0.83	0.21	16.0	126	3.27	2	0.54	2.56	0.18	0.04	0.00
SALAD BAR STANDARD	1 CUP	10	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
ROLL, HONEY WHEAT, 2 OZ,/5 7g/S	ROLL	10	139	0	239	2.98	1.43	19.9	0	0.0	*N/A*	4.97	26.86	1.99	0.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			1120	*42	*1508	*19.71	*10.98	*482.3	*5487	*67.74	*13	*45.41	140.30	*34.32	*7.57	*0.00
% of Calories											*4.8%	*16.2%	50.1%	*27.6%	*6.1%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Fri - 08/25/2017																
LUNCH K-12	Total	10														
GRILLED CHEESE, HOMEMADE	1 SAND WICH	10	417	33	682	2.05	2.81	265.6	303	0.18	*7	15.07	50.8	17.2	7.45	*0.00
PEAS, SEASONED 1/3 CUP	1/3 CUP	10	116	0	109	8.23	2.37	35.6	3143	14.79	*N/A*	7.71	21.35	0.42	0.07	0.00
SALAD BAR STANDARD	1 CUP	10	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			770	*36	1092	*16.70	*7.03	*511.4	*7390	*50.71	*13	*32.13	114.25	21.47	8.12	*0.00
% of Calories											*6.9%	*16.7%	59.4%	25.1%	9.5%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calc (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Mon - 08/28/2017																
LUNCH K-12	Total	10														
CORN DOG ON STICK	1 EACH	5	280	50	570	1.00	1.80	80.0	0	1.2	*N/A*	10.0	32.0	14.0	4.50	0.00
CHICKEN CHUNKS, WG, 5 PIECE	SERVING-	5	180	20	450	2.00	1.80	40.0	0	0.0	*N/A*	13.0	14.0	8.0	1.50	0.00
FRIES, STEAK .25 CUP (5 FRIES)	.25 CUP	10	67	0	240	1.33	0.24	0.0	0	4.0	1	1.33	12.01	2.0	0.00	0.00
BEANS, BAKED 1/3 CUP	1/3 CUP	10	93	0	366	3.33	1.20	26.6	67	0.0	*N/A*	4.0	19.31	0.67	0.00	0.00
SALAD BAR STANDARD	1 CUP	10	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEVIT A/D	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			626	*38	1417	*12.58	*5.09	*296.9	*4010	*40.35	*7	*26.18	96.42	17.52	3.59	*0.00
% of Calories											*4.3%	*16.7%	61.6%	25.2%	5.2%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Tue - 08/29/2017																
LUNCH K-12	Total	10														
ORANGE CHICKEN	3 oz.	1	283	25	720	2.03	1.09	20.8	*4	*2.06	*8	16.03	24.41	13.0	2.00	*0.00
CHICKEN, TERIYAKI RICE BO	SERVINGS	5	277	35	1834	1.33	*1.49	*16.6	0	*0.38	*0	18.63	*33.22	8.11	1.01	*0.00
WLS																
RICE,BROWN,UNCLE BEN'S, 1/3 C	1/3 CUP	10	74	0	2	*0.00	0.64	1.1	0	0.0	*N/A*	1.75	16.18	0.0	0.00	*0.00
STIR FRY VEGETABLES, 1/3 CUP	1/3 CUP	10	22	0	18	1.78	1.78	1.8	*N/A*	*N/A*	*N/A*	0.89	4.45	0.0	0.00	*N/A*
SALAD BAR STANDARD	1 CUP	1	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FORTUNE COOKIE	1 EACH	10	30	0	2	0.13	0.12	1.0	0	0.0	4	0.34	6.72	0.22	0.05	*N/A*
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A &	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEVIT A/D	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			415	*23	1124	*4.80	*3.83	*182.0	*728	*19.21	*9	*18.88	*70.54	6.08	0.85	*0.00
% of Calories											*8.9%	*18.2%	*68.0%	13.2%	1.8%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

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	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Wed - 08/30/2017																
LUNCH K-12	Total	10														
LASAGNA WITH 90-10 GROUND BEEF	5 SERVINGS	5	542	134	516	2.69	5.40	298.6	1073	15.4	*1	51.94	27.6	26.09	10.66	*0.00
SPAGHETTI & CHICKEN MEAT SAUCE	1 CUP	5	235	66	69	1.93	2.77	52.1	274	5.41	*3	28.61	18.46	5.12	1.71	*0.00
GREEN BEANS:Seasoned	1/3 CUP	10	11	0	5	0.89	0.16	9.0	89	0.53	*0	0.44	1.78	0.0	0.00	0.00
SALAD BAR STANDARD	1 CUP	10	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
BREADSTICKS, CHEESY GARLIC-1 S	1 STICK	10	80	5	180	0.50	0.72	50.0	50	0.0	*N/A*	2.5	10.0	3.0	1.00	0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEvit A/D	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			716	*108	778	*10.11	*6.82	*444.7	*4755	*46.68	*8	*52.57	76.91	22.45	7.78	*0.00
% of Calories											*4.5%	*29.4%	43.0%	28.2%	9.8%	*0.0%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Thu - 08/31/2017																
LUNCH K-12	Total	10														
CHICKEN FAJITAS-NMSBVI	1 EACH	5	345	*68	157	*2.68	*2.07	*58.8	*153	*12.03	*8	28.88	22.8	14.98	*2.72	*0.50
BEEF FAJITAS w/ONION/PEPPER	4 OZ	5	198	*83	84	*0.49	*2.30	*42.4	234	*14.54	*1	*30.11	*2.04	6.91	2.44	*0.06
PINTO BEANS, 1/3 cup	.33	10	89	0	10	3.99	1.33	33.6	0	1.62	*1	5.51	16.1	0.32	0.06	*0.00
SALAD BAR STANDARD	1 CUP	10	128	*1	209	*4.87	*1.57	*47.2	*3573	*18.81	*2	*4.86	19.95	3.72	0.55	*0.00
FRUIT, CHOICE	1/2 CUP	10	49	0	2	1.54	0.10	13.1	120	16.33	*4	0.5	12.15	0.13	0.04	0.00
MILK, FAT FREE SKIM, w/VIT A & MILK, FF SKIM,CHOCOLATEvit A/D	HALF-PINT	5	0	0	0	0.00	0.00	0.0	0	0.0	*N/A*	0.0	0.0	0.0	0.00	0.00
MILK, FF SKIM,CHOCOLATEvit A/D	HALF PINT	5	120	5	180	0.00	0.36	300.0	500	1.2	*N/A*	8.0	20.0	0.0	0.00	0.00
Weighted Daily Average			597	*78	432	*11.99	*5.37	*294.4	*4137	*50.65	*11	*44.36	*70.62	15.11	*3.22	*0.28
% of Calories											*7.4%	*29.7%	*47.3%	22.8%	*4.9%	*0.4%
Nutrient Guideline			739				3.95	338.62	1295	16.68		12.74		<=30.0	<10.00	

Weighted Average			618	*54	*988	*10.18	*4.96	*374.6	*4400	*41.95	*8	*31.61	*81.42	*18.30	*5.88	*0.05
											*12.0%	*20.5%	*52.7%	*26.6%	*8.6%	*0.1%

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Nutrient	Menu AVG	Portion Size	Reimb Qty	Cals (kcal)	Cholst (mg)	Sodm (mg)	Fiber (g)	Iron (mg)	Calcm (mg)	Vit-A (IU)	Vit-C (mg)	Sugars (g)	Protn (g)	Carb (g)	T-Fat (g)	S-Fat (g)	Tr-Fat ¹ (g)
Calories	618		Weekly Target	739	84%	Miss Data	Shortfall	120	Overage	Error Messages (if any)							
Cholesterol (mg)	54					Missing				Correction Required - Calories are Low							
Sodium (mg)	988					Missing			988								
Fiber (g)	10.18					Missing											
Iron (mg)	4.96			3.95	126%	Missing											
Calcium (mg)	374.6			338.62	111%	Missing											
Vitamin A (IU)	4400			1295	340%	Missing											
Sugars (g)	8	5.34%				Missing											
Vitamin C (mg)	41.95			16.68	252%	Missing											
Protein (g)	31.61	20.45%		12.74	248%	Missing											
Carbohydrate (g)	81.42	52.69%				Missing											
Total Fat (g)	18.30	26.64%		<=30.00%		Missing											
Saturated Fat (g)	5.88	8.56%		<10.00%		Missing											
Trans Fat ¹ (g)	0.05	0.07%				Missing											

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